

LOCATIONS

Albany Office

4 Tower Place, 8th Floor
Albany NY, 12203
P: 518.489.4471
F: 518.489.4506

Saratoga Office

6 Care Lane
Saratoga Springs NY, 12866
P: 518.584.4953
F: 518.584.7916

Schenectady Office

115 Saratoga Road, Suite 230
Glenville NY, 12302
P: 518.344.6369
F: 518.557.2653

Queensbury Office

17 Main Street
Queensbury NY, 12804
P: 518.584.4953
F: 518.584.7916

Steffens Scleroderma Clinic

4 Tower Place, 8th Floor
Albany NY, 12203
P: 518.584.4953
F: 518.489.4506

Post-Biopsy Skin Care Instructions

Keep the wound covered with any dressings the doctor may have applied for 24 hours; replace if removed or falls off.

You may shower as usual after 24 hours, but do not submerge in water until a scab has formed. This also includes swimming pools, lakes, rivers, and especially hot tubs!

Keep the wound covered with petroleum ointment and an occlusive bandage to promote wound healing and prevent infection.

If the wound appears infected, i.e., pus-like drainage, apply Bacitracin ointment.

If you smoke, refrain from smoking as much as possible during the healing process.

If your wound is held with sutures, they will to be removed in clinic. You will need to be sure you set up an appointment to have them removed.

If you experience or develop any of the following, call the clinic or otherwise report to the emergency department:

- *Bleeding that doesn't stop.*
- *A fever of 101 Fahrenheit or greater which last for 24 hours or longer.*
- *Excessive swelling, redness, or lines around the wound.*
- *Warmth around the wound.*
- *Excessive pain which does not respond to pain medications.*
- *Odorous drainage.*

Please contact us at (518) 489 – 4471 with any questions.