

LOCATIONS

Albany Office

4 Tower Place, 8th Floor
Albany NY, 12203
P: 518.489.4471
F: 518.489.4506

Saratoga Office

6 Care Lane
Saratoga Springs NY, 12866
P: 518.584.4953
F: 518.584.7916

Schenectady Office

115 Saratoga Road, Suite 230
Glenville NY, 12302
P: 518.344.6369
F: 518.557.2653

Queensbury Office

17 Main Street
Queensbury NY, 12804
P: 518.584.4953
F: 518.584.7916

Steffens Scleroderma Clinic

4 Tower Place, 8th Floor
Albany NY, 12203
P: 518.584.4953
F: 518.489.4506

Preparing for your biopsy

No preparation required.

You will be able to drive home on your own after the procedure.

If you are taking warfarin, please bring your last INR.

Please arrive 15 min prior to your appointment.

Please bring a list of your current medications to the appointment.

The procedure

The skin is numbed with an anesthetic before a small piece is removed using a punch biopsy tool.

You may need a suture. If so, it generally will need to be removed 7 – 10 days after the procedure.

The site will then be covered with petroleum jelly and a band-aid.

After-care

Keep the wound covered with any dressings the doctor may have applied for 24 hours; replace if removed or falls off.

You may shower as usual after 24 hours, but DO NOT submerge in water until a scab has formed. Typically 1-2 weeks. This also includes swimming pools, lakes, rivers, and especially hot tubs!

Keep the wound covered with petroleum ointment and an occlusive bandage to promote wound healing and prevent infection.